

MAMMOGRAPHY

Munson Army Health Center Department of Radiology

Scheduling hours: Monday – Friday 0730 – 1600 (excluding weekends and holidays)

(913) 684-6140 or 6141 or Toll-free 1-800-250-3462

Your healthcare provider has requested that you schedule a mammogram with the Department of Radiology. Your procedure is scheduled for:

*Children will not be allowed in the room during the examination
Please make arrangements to have appropriate supervision for your children*

DATE: _____ **TIME:** _____

We ask that you please arrive 15 minutes prior to your appointed time to check-in and complete required paperwork. If you are late for your appointment, you will be required to reschedule.

Total estimated time of procedure: Screening 30 minutes or Diagnostic 60 minutes

PREPARATION INSTRUCTIONS:

On the day of your exam, please do not wear any body powders, lotions, deodorants, creams, perfumes or sprays around your breasts or under your arms. These substances may affect the quality of the mammography images.

WHAT TO EXPECT:

Once in the Mammography Room you will be asked to change into a special mammography gown. Then, x-ray images of each breast will be obtained. During the exam, the machine will apply firm, but not excessive compression to your breasts in order to obtain the highest quality images. The pressure may cause mild discomfort.

MAMMOGRAPHY REPORTS:

The report for your mammogram will be sent to your doctor. A result letter will also be sent to you within 30 days after your exam. If there is an area in your breast that is not clearly seen, the radiologist may ask you to schedule a follow-up appointment to obtain additional views. This is not out of the ordinary and should not necessarily be a cause for concern. If you have any questions regarding your results, please follow-up with your doctor.

CANCELING/RESCHEDULING APPOINTMENTS:

If you have been scheduled for a routine screening mammogram and later develop a rash or broken skin on the upper body area, please call to reschedule the exam for a later date (after the affected area has cleared up). If you are nursing, it is recommended that you stop breast feeding for at least three months prior to having a mammogram. If you need to cancel or reschedule your appointment for any reason please try to do so as early as possible (preferably 24 hours prior to your appointment).

***PLEASE NOTIFY THE TECHNOLOGIST IF THERE IS A POSSIBILITY THAT
YOU MAY BE PREGNANT***